

Legacy Club

January 2017 Calendar

January 5,12,19,26

Legacy Book Club

Featured Book: *Yes Chef: A Memoir* by Marcus Samuelson

1:00 – 2:00 pm

One Senior Place

January 5, 12, 19, and 26

Almost Friday Celebration with Live Entertainment

1:30 – 3:30 pm

RiverView Senior Resort

January 3

Memory Bear Workshop

9:30 am

One Senior Place

Sponsored by VITAS

For more info contact Joanne 321-752-2553

January 9

One Hour to a Healthier You: Eating Your Way to Better Health

10:00 am – 11:30 pm

One Senior Place

Sponsored by VITAS and Aquatic Health & Rehab

January 9

Free Memory Screenings

12:00 – 3:00 pm

One Senior Place

Screenings by Compass Research

Call 321-270-2712 for an appointment

January 10

Ask the Doctor Lunch & Learn

11:30 am – 1:00 pm

One Senior Place

Sponsored by VITAS

RSVP 321-253-6311

January 10

Health Talks: Having Your Healthcare Decisions in Place

4:00 – 6:00 pm

RiverView Senior Resort

Presented by VITAS

January 10

Brown Bag Bingo

1:30 – 3:30 pm

One Senior Place

RSVP 321-253-6311

January 13

2nd Annual Food Show

4:00 – 7:00 pm

The Fountains

*Vendors, food samples, prizes & more

January 17

Crafts & Conversation

1:00 - 3:00 pm

One Senior Place

Sponsored by Legacy Club & VITAS

RSVP 321-253-6311

January 17

Open House – “Stop and Shop”

10:00am – 1:00 pm

Sponsored by Bon Worth Mobile

Courtenay Springs Village

January 17

Eye Health Lunch & Learn

12:00 – 1:00 pm

Featuring Dr. Mitchell Nass

The Sunflower House

January 17

Booklover’s Club

Featured Book: *I Am The Messenger* by Markus Zusak

1:30 pm

Barnes & Noble Melbourne

January 19

Lifelong Scholar Society: "U.S. Presidents- Good, Bad and Believable"

Guest speaker: Dr. Robert Taylor, Florida Institute of Technology

1:15pm

Buena Vida Estates

January 20

AARP Driver Safety Class

9:00 am -4:00 pm

RSVP to Kate 321-674-5792

Tropical Haven Resort

*Cost \$20/person or \$15/person for AARP members

January 20

Friday Flicks Movie

1:00 -3:00 pm

One Senior Place

RSVP 321-253-6311

January 23

AARP Driver Safety Class

9:00 am -4:00 pm

RSVP to Lou 321-698-2311

One Senior Place

*Cost \$20/person or \$15/person for AARP members

January 23

Free Memory Screenings

12:00 – 3:00 pm

One Senior Place

Screenings by Compass Research

Call 321-270-2712 for an appointment

January 24

"How to Fall"

3:00 pm

The Fountains

*Learn secrets on enhancing your balance & preventing falls

January 25

Young At Heart Boomers & Seniors Expo

10:00 am – 2:00 pm

Wickham Park Community Center

For more info, call 321-773-1454

January 27

Karaoke for a Cause

3:00 – 5:00 pm

RiverView Senior Resort

January 27

Free Paper Shredding Event

8:00 – 10:00 am

One Senior Place

*Limit 2 medium bags for file boxes

January 31

Book Signing: Tim Dorsey signs Clownfish Blues

7:00 pm

Barnes & Noble Melbourne

Locations

Barnes & Noble

1955 West New Haven Ave.
Melbourne
321-726-8817

Buena Vida Estates

2129 W New Haven Ave
Melbourne
321-724-0060

Courtenay Springs

1200 S. Courtenay Parkway
Merritt Island
321-452-1233

The Fountains

4451 Stack Blvd.
Melbourne
321-984-1494

One Senior Place

8085 Spyglass Hill Road
Viera
321-751-6771

RiverView Senior Resort

3490 Gran Ave NE
Palm Bay
321-312-4555

The Sunflower House

777 E. Merritt Island Cswy
Merritt Island
321-452-4341

Tropical Haven Resort

1205 Eddie Allen Rd.
Melbourne
321-674-5794

Wickham Park Community Center

2815 Leisure Way
Melbourne
321-608-7490